

## **Claudia M. Gold, MD**

Pediatrician

Infant-Parent Mental Health Specialist

### Education:

UMass Boston Infant-Parent Mental Health Post-Graduate Certificate  
Fellowship

September 2010-June 2011

Yale Child Study Center/Anna Freud Centre  
Psychoanalytic Research Training Program

March 2008

Berkshire Psychoanalytic Institute

Scholar's Program

July 2004-April 2008

Advanced Scholar's Program

May 2008- February 2012

### Fellowship

Developmental and Behavioral Pediatrics  
University of Massachusetts Medical Center  
Worcester, MA

July 1990-June 1991

### Residency

General Pediatrics  
Albert Einstein College of Medicine  
Montefiore Medical Center  
Bronx, NY

July 1987-June 1990

### Medical School:

University of Chicago  
Chicago, IL  
September 1983-June 1987

### College:

University of Chicago  
Chicago, IL

September 1979-June 1983

Professional Experience

Executive Director, Hello It's Me Project  
December 2018-present

Infant-parent mental health consultant  
Volunteers in Medicine Berkshires  
January 2017-present

Writer  
2008-present

Faculty, University of Massachusetts Chan Medical School Early Relational Health Fellowship  
January 2016-present

Faculty, Austen Riggs Center  
Stockbridge, MA  
June 2013- present

Faculty, Brazelton Institute  
NBO trainer  
Boston, MA  
May 2012-present

Faculty, Berkshire Psychoanalytic Institute  
June 2012-present

Clinician  
Center for Human Development  
May 2019- July 2021

Infant-parent mental health specialist, Austen Riggs Center  
March 2016-December 2018

Director, Early Childhood Social Emotional Health Program  
Newton-Wellesley Hospital  
2014 Washington St  
Newton, MA  
November 2011-March 2015

Behavioral Pediatrician  
Community Health Programs of the Berkshires  
444 Stockbridge Rd  
Great Barrington, MA  
July 2010-June 2012

Behavioral Pediatrician  
Macony Pediatrics  
491 S. Main Street/100 Maple Avenue  
Great Barrington, MA  
January 2007- June 2010

Behavioral Pediatrician  
491 South Main Street  
Great Barrington, MA  
April 2006-December 2006

General Pediatrician  
Fairview Hospital  
Great Barrington, MA  
April 2006-December 2006

General and Behavioral Pediatrician  
Macony Pediatrics  
Great Barrington, MA  
July 2000-March 2006

Attending in General and Behavioral Pediatrics  
Winthrop University Hospital  
Mineola, NY

June 1993-March 2000

Instructor in Pediatrics  
SUNY Stonybrook Medical School  
June 1993-March 2000

Director, Winthrop Parenting Center  
Rockville Centre, NY  
September 1998- March 2000

Attending in Pediatrics  
Jamaica Hospital  
New York, NY  
1/93-4/93

Attending in Pediatrics  
Massachusetts General Hospital/Revere Community Health Center  
July 1991-November 1992

Instructor in Pediatrics  
Harvard Medical School  
September 1991-November 1992

#### Memberships

American Academy of Pediatrics  
Society for Developmental and Behavioral Pediatrics  
American Psychoanalytic Association  
World Association of Infant Mental Health  
Board Certified, American Board of Pediatrics, 1990, Recertified 1997, 2004, 2011

#### Publications

##### **Books**

The Power of Discord: Why the Ups and Downs of Relationships are the Secret to Intimacy, Resilience, and Trust co-author Ed Tronick, PhD Little, Brown (June 2020)

The Developmental Science of Early Childhood: Clinical Applications of Infant Mental Health Concepts from Infancy Through Adolescence W.W, Norton and Co (February 2017)

The Silenced Child: From Labels, Medications, and Quick Fix Solutions to Listening, Growth, and Lifelong Resilience Da Capo Press (May 2016)

Keeping Your Child in Mind: Overcoming Defiance, Tantrums and Other Everyday Behavior Problems by Seeing the World Through Your Child's Eyes Book Da Capo Press August 2011

### **Articles**

"Working with the Young Child: Clinical Implications of Contemporary Developmental Science" Zero to Three Vol 38 No 2 November 2017

"Child Protection and Infant Mental Health: An Essential Partnership" West Virginia Law Review Volume 115 Spring 2013

"Contemporary Attachment Theory Offers New Paradigm for Behavioral Pediatrics" (2008) Behavioral Developments 13(1)

A Scholar's Quest to Integrate Two Disciplines (2006) The American Psychoanalyst 40(3)

Multiple Op Eds The Boston Globe

### **Presentations**

Adverse Childhood Experiences and Meaning Making

A Theory of Development to Inform Prevention and Treatment of Toxic Stress

William James College April 2021

The Hello It's Me Project: Bringing Basic Infant Mental Health Principles to High Need Low Resourced Communities" Keynote address Pennsylvania Association for Infant Mental Health September 2020

"Using Basic Principles of Developmental Science to Guide Trauma-Informed Care of Young Children and Families" Master Class Infant-Parent Training Institute Jewish Children and Family Services December 2019

"What's Going On? How Newborn Infants Learn About Themselves and the World Around Them" Harvard Neonatal Epidemiology Conference January 2019

"Using the Newborn Behavioral Observations (NBO) System to Build Community Connection in Rural United States" World Association of Infant Mental Health Congress Rome, Italy May 2018

"Keeping Your Child in Mind: Overcoming Everyday Behavior Problems by Seeing the World Through Your Child's Eyes" Wellesley Mother's Forum Wellesley, MA May 2018

“The Challenge and Opportunity of Pediatrics: Taking a Mindful Approach to Family Wellness”  
ZERO TO THREE Annual Conference Pediatrics Pre-Institute San Diego, CA November 2017

“How the Developmental Science of Early Childhood Informs Therapy with Children and Adults”  
The Western Massachusetts and Albany Association for Psychoanalytic Psychology Stockbridge,  
MA November 2017

“The Discovering Your Baby Project” 6<sup>th</sup> Annual Riggs-Yale Conference on Developmental  
Psychopathology, Family Process, and Social Context Stockbridge, MA July 2017

“Winnicott’s Use of an Object and Tronick’s Mutual Regulation Model: Comparisons and Clinical  
Applications” 2017 Solange Skinner Conference Boston Psychoanalytic Institute April 2017

“Working with the Young Child: Clinical Implications of Contemporary Developmental Science”  
Child Psychotherapy course Harvard Medical School/Cambridge Health Alliance March 2017

“Applying Developmental Research in Infants to Psychotherapeutic Work With Children and  
Adolescents” American Academy of Child and Adolescent Psychiatry Annual Meeting New York,  
NY October 2016

“Are You My Mother? A Psychoanalytic Search for the Maternal” Berkshire Psychoanalytic  
Institute Austen Riggs Center May 9, 2015

“Emotional and Behavioral Challenges in Children: Working Toward a New Model of Preventive  
Mental Health Care” Paul A. Dewald Lecture St Louis Psychoanalytic Institute October 2013

“Seeing the Forest for the Trees: Shifting From Diagnosis to Meaningful Narrative “May 2013 2<sup>nd</sup>  
Annual Todd Ouida Children’s Foundation Conference Montclair State University: The Magic in  
Moments: Patterns of Early Relationships that Create Resilient Individuals and Peaceful Societies

“Is “ADHD” an Artificial Construct?” April 2013 Maternal Child Health Commission Forum on  
ADHD Springfield, MA

“Development of the Parent: The Child’s Contribution” November 2012 Interdisciplinary Council  
on Learning and Development Annual Conference; The Power of Affect: Developing Human  
Potential Through DIR/Floortime, Self-Determination, and Mindsight

“Confronting Childism: How the Field of Infant Mental Health Can Inform the Field of Child  
Protection” November 2012 Keynote address University of West Virginia Law School Symposium  
Child Protection in the 21<sup>st</sup> Century

“Development of the Parent: The Child’s Contribution” July 2012, for Austen Riggs/Yale Conference The Development of the Parent as a Person: Psychological, Neurobiological and Genetic Contributions

“Mentalization in the Pediatric Setting” May 2012 Infant-Parent Mental Health Post-Graduate Certificate Program UMass, Boston

“Application of Infant Mental Health Concepts in Everyday Practice” April 2012 North Pacific Pediatric Society meeting

“Infant Mental Health in the Primary Care Setting” April 2012 Newton Wellesley Hospital Grand Rounds, December 2011 Winthrop University Hospital Grand Rounds

“Making Psychoanalytic Concepts Relevant and Meaningful for Parents” December 2010 Western Massachusetts and Albany Association for Psychoanalytic Psychotherapy(WMAAPP)

“Contemporary Attachment Theory in the Primary Care Setting” October 2008  
Berkshire Psychoanalytic Institute

“Preventive Application of Contemporary Psychoanalytic Theory in the Primary Care Setting”  
May 2007  
WMAAPP Berkshire Study Group (APA, Division 39)