

Claudia M. Gold, MD

Pediatrician

Early Relational Health Specialist

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Great Barrington, MA 01230

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Education

UMass Boston Infant-Parent Mental Health Post-Graduate Certificate Fellowship
September 2010-June 2011

Yale Child Study Center/Anna Freud Centre
Psychoanalytic Research Training Program
March 2008

Berkshire Psychoanalytic Institute
Scholar's Program
July 2004-April 2008
Advanced Scholar's Program
May 2008- February 2012

Fellowship: Developmental and Behavioral Pediatrics
University of Massachusetts Medical Center
Worcester, MA
July 1990-June 1991

Residency: General Pediatrics
Albert Einstein College of Medicine
Montefiore Medical Center
Bronx, NY
July 1987-June 1990

Medical School: University of Chicago Pritzker School of Medicine
Chicago, IL
September 1983-June 1987

College:University of Chicago
 Chicago, IL
 September 1979-June 1983

Professional Experience

Director, Hello It's Me Project

December 2018-present

Infant-parent mental health consultant

Volunteers in Medicine Berkshires

January 2017-present

Faculty, Brazelton Institute/ Boston Children's Hospital

May 2012-present

Core Faculty, University of Massachusetts Chan Medical School Early Relational Health Fellowship

January 2016-August 2024

Clinician

Center for Human Development

May 2019- July 2021

Infant-parent mental health specialist

Austen Riggs Center

March 2016-December 2018

Director, Early Childhood Social Emotional Health Program

Newton-Wellesley Hospital

2014 Washington St

Newton, MA

November 2011-March 2015

Behavioral Pediatrician

Community Health Programs of the Berkshires

444 Stockbridge Rd

Great Barrington, MA

July 2010-June 2012

Behavioral Pediatrician

Macony Pediatrics

491 S. Main Street/100 Maple Avenue

Great Barrington, MA

April 2006- June 2010

General and Behavioral Pediatrician

Macony Pediatrics

Great Barrington, MA

July 2000-April 2006

Attending in General and Behavioral Pediatrics

Winthrop University Hospital

Mineola, NY

June 1993-March 2000

Director, Winthrop Parenting Center

Rockville Centre, NY

September 1998- March 2000

Attending in Pediatrics

Jamaica Hospital

New York, NY

1/93-4/93

Attending in Pediatrics

Massachusetts General Hospital/Revere Community Health Center

July 1991-November 1992

Instructor in Pediatrics

Harvard Medical School

September 1991-November 1992

Memberships

American Academy of Pediatrics

Society for Developmental and Behavioral Pediatrics

American Psychoanalytic Association

World Association of Infant Mental Health

Board member Margaret S. Mahler Child Development Foundation

Board Certified, American Board of Pediatrics, 1990, Recertified 1997, 2004, 2011

Publications

Books

Getting to Know You: Lessons in Early Relational Health from Infants and Caregivers Teachers College Press (forthcoming March 28, 2025)

The Power of Discord: Why the Ups and Downs of Relationships are the Secret to Intimacy, Resilience, and Trust co-author Ed Tronick, PhD Little, Brown (June 2020)

The Developmental Science of Early Childhood: Clinical Applications of Infant Mental Health Concepts from Infancy Through Adolescence W.W, Norton and Co (February 2017)

The Silenced Child: From Labels, Medications, and Quick Fix Solutions to Listening, Growth, and Lifelong Resilience Da Capo Press (May 2016)

Keeping Your Child in Mind: Overcoming Defiance, Tantrums and Other Everyday Behavior Problems by Seeing the World Through Your Child's Eyes Da Capo Press (August 2011)

Articles

Listening to Infants and Parents: Observe, Reflect, and Embrace the Mess Psychoanalytic Study of the Child February 2024

Child Protection and Infant Mental Health: An Essential Partnership West Virginia Law Review Volume 115 Spring 2013, republished Volume 125 Spring 2023

Working with the Young Child: Clinical Implications of Contemporary Developmental Science Zero to Three Vol 38 No 2 November 2017

Multiple Op Ed, The Boston Globe

Selected Recent Presentations

The Power of Discord: A Relational Model of Mental Healthcare Rooted in the Developmental Science of Early Childhood Grand Rounds Silver Hill Hospital May 2024

Trusting Babies, Trusting Parents: Making Room for Messiness Keynote address, Resources for Infant Educators® Annual Conference April 2024

What Pediatricians Need to Know About Healthy Mental Development in Early Childhood American Academy of Pediatrics NCE October 2023 Washington, DC

Getting to Know You: Lessons in Early Relational Health from Infants and Caregivers Illinois Association for Infant Mental Health October 2023

The Power of Discord: Mismatch and Repair in Home Visiting Connecticut Office of Early Childhood June 2023

Learning from Babies: How Our Earliest Relationships Teach Us to Navigate Uncertainty and Loss Anni Bergman Parent Infant Program New York, NY March 2023

The Power of Discord: why the Ups and Downs of Relationships are the Secret to Building Intimacy, Resilience, and Trust Austin In Connection Austin Texas February 2023

Playing in the Uncertainty: Parent-Infant Relationships, Therapist-Client Relationships, and the Writing Process New Directions Psychoanalytic Writing Program Washington DC November 2022

Getting to Know You: Parents, Infants, and the People Who Care for Them NYS Association for Infant Mental Health September 2022